

# ENACT 2003: NUTRITION & ACTIVITY LOBBY DAY

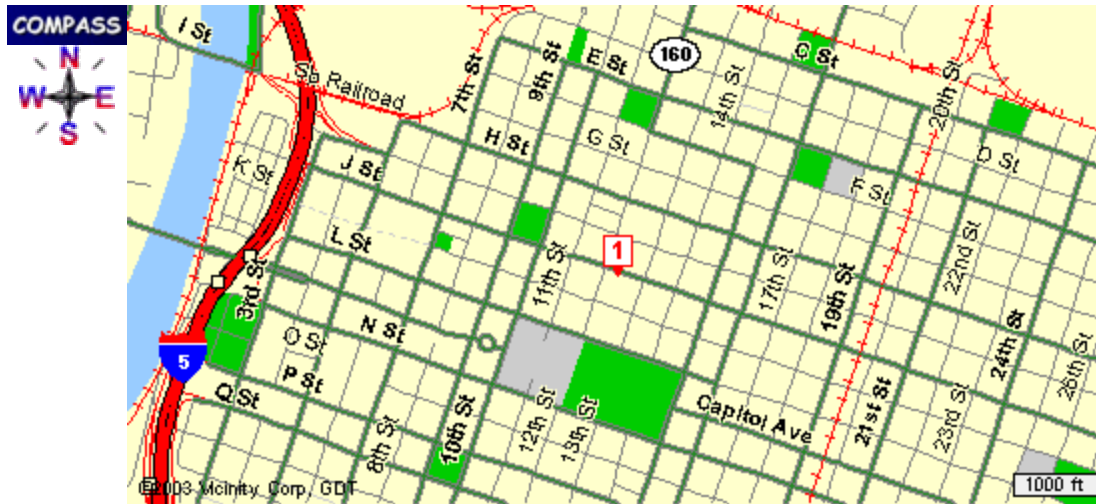
MAY 1, 2003 ■ TRAINING BEGINS AT 10:00 AM

## DRIVING DIRECTIONS & PARKING INFORMATION

### Sheraton Grand Sacramento Hotel-Gardenia Room

1230 J Street • Sacramento, California 95814 •

Phone (916) 447-1700



### General Directions

From Sacramento International Airport

Take Interstate 5 South to Sacramento and exit at J Street. Proceed on J Street and the hotel will be located on the right hand side of J Street between 12th and 13th Streets.

From South

Go North on I-5 to Sacramento and exit at J Street. Proceed on J Street and the hotel will be located on the right hand side of J Street between 12th and 13th Streets.

From Reno

Take Interstate 80 West to I-5 South towards Sacramento. Take the J Street Exit and follow J Street. The hotel will be located on the right side of J Street.

From San Francisco

Take Interstate 80 East to US 50 East. Take the I-5 North Exit towards Redding. Exit onto J Street. Proceed on J Street and the hotel will be located on the right hand side of J Street between 12th and 13th Streets.

## **Parking**

Parking at the Sheraton Grand Hotel costs \$1.25 per half hour. Below is information on uncovered lots – rates may have gone up.

### **Republic Parking (7th and L)**

7th Street and L Street - Entrance on 7th Street

\$8 dollars for the day

Notes: This was fills pretty quickly. Sometimes spaces may be reserved by calling (916) 264-5351).

### **Republic Parking (15th and L)**

15th Street and L Street - Entrance on 15th Street, through alley

Notes: Self service payment in advance, \$6 for 4 to 10 hours, no in and out

### **Republic Parking (13th and I)**

13th Street and I Street - Entrance on I Street between 13th and 14th Street

Notes: Self service payment in advance, \$6 for 4 to 10 hours, no in and out

### **City of Sacramento Parking**

Entrance on 14th Between I and H

Notes: Self-service payment in advance - \$5 for the day, no in and out 13th Street and I Street - Entrance on I Street between 13th and 14th Street

Notes: Self service payment in advance, \$6 for 4 to 10 hours, no in and out

### **City of Sacramento Parking**

Entrance on 14th Between I and H

Notes: Self-service payment in advance - \$5 for the day, no in and out