

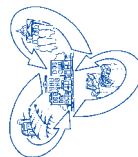


Take a look at some exciting results of Community Food Assessments...

- ☉ **Education and Empowerment...** in San Francisco job training was provided for teens who then surveyed over 250 community members. Action plans are being created to improve food quality in corner stores and to develop or improve a larger grocery store.
- ☉ **Improved Food Access...** in Sacramento a special bus service was created to shuttle between under-served neighborhoods and the grocery store.
- ☉ **Community Development...** in New York a fellowship kitchen was opened to serve seniors, elderly, disabled, and single-parent households, and a Saturday farmers market was started.
- ☉ **Creative Public Policy...** in Austin, Texas a joint city and county food policy council was formed and worked with the city council to establish community gardens.
- ☉ **Increased Assistance...** in Wisconsin the WIC Farmers Market Nutrition Program was expanded to all farmers markets in Milwaukee.

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Community Food Security Coalition
PO Box 209, Venice, CA 90294



COMMUNITY FOOD ASSESSMENTS

An innovative way to:

- Build community
- Strengthen existing projects
- Improve community health and nutrition
- Create lasting change



Community Food Security Coalition



Community Food Assessments: A tool for change.

All over California organizations are working to create positive change in their communities. Many are working to develop innovative and lasting solutions to the related problems of hunger, food insecurity, and diet-related disease. These groups are creating integrated and effective approaches to address a variety of community goals. One such approach is the Community Food Assessment.

The Community Food Security Coalition is a national organization that supports innovative efforts to promote access to nutritious foods for everyone, especially low-income people. Thanks to a partnership with the California Nutrition Network, we are now able to provide more support for Community Food Assessment projects in California.

A Community Food Assessment is a vehicle to identify food-related resources and needs, promote collaborations and community participation, and create lasting change. A Community Food Assessment is a participatory research approach that can be used to explore and address a wide range of food-related issues, including hunger, diet-related diseases, lack of economic opportunity in low income-communities and diminishing green spaces.

When you undertake an assessment you bring diverse stakeholders together to explore community needs and resources, to make collaborative decisions about what to study and how to use the results, and to identify action goals and work towards positive change.

Community Food Assessments can help you:

- ☉ Initiate new projects with community support and involvement.
- ☉ Build the case for additional resources.
- ☉ Advocate for change in your community and on a larger scale.
- ☉ Engage community members in learning about food and health.
- ☉ Gain a greater understanding of local needs and resources.
- ☉ Empower community members to create lasting change.

CFSC is offering the following support:

- ☉ **Participatory training workshops** to help you learn about the basics and potential benefits of conducting a community food assessment.
- ☉ **Mentoring and technical assistance** to help you decide whether and how to implement an assessment in your community.
- ☉ **Fundraising information and resources** for community food assessments and related initiatives.
- ☉ **A guidebook** with practical advice on how to undertake a community food assessment.
- ☉ **Connections to researchers and organizations** that have conducted assessments throughout the country.

Organizations working in low-income communities in California are eligible for assistance. If you are interested in starting an assessment contact the Coalition.

The Community Food Security Coalition:



The Community Food Security Coalition

is a North American organization dedicated to building strong, sustainable, local and regional food systems that ensure access to affordable, nutritious, and culturally appropriate food for all people at all times. We provide a comprehensive blend of training, networking, and advocacy to further the efforts of grassroots groups to create effective solutions from the ground up. Our 250 member organizations are building a thriving national movement to advance community food security.

The Community Food Security Coalition

will be hosting participatory training workshops throughout the state.

For more information contact:

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